



greenminds



Central Park plant spotter sheet



Bird's-foot trefoil



Wild carrot



Wood sage



Common knapweed



Yellow rattle



Red bartsia



More information:

| Common name | Scientific name | When to see | Info |
|-------------------------------|--|-------------|--|
| Meadow species | | | |
| Yellow rattle | <i>Rhinanthus minor</i> | May-Sept | This species parasitises grasses, weakening them and allowing more wild flowers to grow. |
| Red bartsia | <i>Odontites vernus</i> | June-Sept | Another species that parasitises grasses. Great for carder bees. |
| Wild carrot | <i>Daucus carota</i> | June-Sept | Coastal umbellifer. After flowering the seed heads turn inwards, looking like a bird's nest. |
| Cornflower | <i>Centaurea cyanus</i> | June-August | Priority species. Find this species alongside wild carrot in the south of the park. |
| Oxeye daisy | <i>Leucanthemum vulgare</i> | June-Sept | A bright and showy daisy, typical in verges and meadows. |
| Common (or black) knapweed | <i>Centaurea nigra</i> | June-Sept | A favourite with butterflies, including marbled white and meadow browns. |
| Common bird's-foot trefoil | <i>Lotus corniculatus</i> | May-Sept | An important food plant for many caterpillars, and a good nectar source for bees. |
| Tufted vetch | <i>Vicia cracca</i> | June-Sept | A clambering plant in grassland. Look in the top of Mawson's field. |
| Woodland/ hedgerow species | | | |
| Wood sage | <i>Teucrium scorodonia</i> | June-Sept | Great for birds. Look along hedge banks. |
| Red campion | <i>Silene dioica</i> | May-Sept | Great for moths, bees and butterflies. |
| Wood avens (Herb Bennet) | <i>Geum urbanum</i> | May-August | Good nectar source for many invertebrates. |
| Lords and ladies | <i>Arum maculatum</i> | April-May | Likes shady places. Produces bright red berries that can be seen through the summer. |
| Bluebell/ Spanish bluebell | <i>Hyacinthoides non-scripta</i> / <i>Hyacinthoides hispanica</i> | April-May | The smaller native bluebell is protected. The Spanish bluebell is larger and often paler. |
| Wild garlic/ransoms | <i>Allium ursinum</i> | April-May | Great early nectar source for invertebrates. |